



## our background


Our guiding principle: we believe and live the **BioPsychoSocial** model of health. This model focusses on the fact that “you cannot separate the mind from the body”, and therefore the biological, psychological and social health and wellbeing are all critical elements to living a happy, healthy and productive life.

The Talking Point believes in collaboration with industry and business to help empower and change lives. We engage with our clients and members at a product level, but support and drive an ongoing culture of positive lifestyle, wellness and health.

Our integrated assistance services are offered in a unique format, at an affordable price to all individuals, families, employees and communities whilst we are leading the way to a more socially conscious country and community.


We are driven by our motto:  
“**To Never Stop Talking**”

## our integrated assistance services




### Let's Talk Mediation

- Divorce and Family Mediation
- Workplace Mediation
- Commercial Mediation




### Let's Talk Mental Health

- Trauma Debriefing and Counselling
- Wellness Counselling
- Parenting Support



### Let's Talk Legal

- Legal Coaching and Advice
- Labour Assist
- Bail Assist



### Let's Talk Education

- Learner and Parent Support
- Teacher Assist
- Tutor Assist

## our core values



## our promise

-  **#Human1st**
-  **Preventative**
-  **Reach through technology**
-  **24-hour emergency call centre**
-  **All digital channels**
-  **Solutions-driven approach**
-  **Life and work integration**